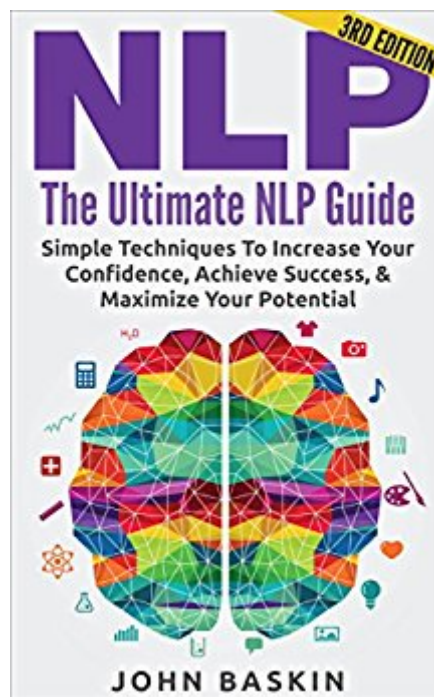


The book was found

NLP: The Ultimate NLP Guide: Simple Techniques To Increase Your Confidence, Achieve Success, & Maximize Your Potential (Neuro-Linguistic Programming)



Synopsis

Updated 3rd Edition "Change Your Mind (and Others'™) with NLP! Would you like to feel: Calm and Anchored? Influential? and Free of Phobias? Would you like to experience: Increased Self-Belief? Massive Confidence? and Dramatic Professional Growth? Do you want to: Persuade People with Hypnosis? Heal Yourself with State Management? and Break Bad Habits with the "Swish" technique? If so, you simply must read John Baskin's™ Expanded 3rd Edition of The Ultimate NLP Guide: Simple Techniques to Increase Your Confidence, Achieve Success, & Maximize Your Potential This book teaches you simple and easy-to-understand methods for achieving all of the above benefits - and many more! Read this book for FREE on Kindle Unlimited - Order Now! In addition to changing your life, The Ultimate NLP Guide: Simple Techniques to Increase Your Confidence, Achieve Success, & Maximize Your Potential teaches you to help others through NLP. With Hypnosis, Calibration, Meta Models and many more powerful tools, you can influence, connect with, and heal the people in your life! You'll even discover a wealth of valuable advanced NLP information: Habituation and Chunks Levels of Experience Visual/Auditory/Kinesthetic Applications Breaking Rapport Logical Levels and even Time-Travel! Don't wait another minute to increase your clarity and influence! Download The Ultimate NLP Guide: Simple Techniques to Increase Your Confidence, Achieve Success, & Maximize Your Potential NOW to access this powerful self-development tool! You'll be so glad you did!

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Customer Reviews

This book has given me ample information about Neuro-Linguistic Programming. It amazes me that the best practices in psychological therapy are combined to produce a safe and effective technique. Higher confidence can really be achieved with this. My most favorite part is where the author discussed â ^Persuasiveness Using Conversational Hypnosisâ TM. This is just one of the wonderful benefits of NLP but I find it very helpful with my work specially that I am in sales, where I have to convince my clients to buy my products (even the example given suited me very well!). Iâ TMm sure this will be a good reference for me whenever there is a need to boost my confidence to achieve success and maximize my potential. A must read for everyone!!!

I really enjoyed this book and the way it gives you a structured plan on how to mold yourself using the principles of NLP. Since I am in the business of motivating, inspiring and changing one from within this book was an eye opening experience. I like breaks down a pretty complex concept into layman terms so that you can easily digest the information. My favorite section is on the ways to change your habits and the day one through day six plan for implementing the NLP principles. This will be a book that I put on my best 100 list and will read it many times over. I would highly suggest this book be read by anyone looking for the ultimate self help guide to becoming the best version of yourself.

Another topic that I enjoy - NLP! As I read this book one example that stood out at me was the one about the house being repossessed. We would automatically tend to think negatively and think we are failures. But a famous quote comes to mind, "As one door closes another one opens". A friend of mind recently closed her business as sales were so low it was not enough to sustain her business. Her initial reaction was failure, sadness etc. We had a lengthy discussion after reading this book and I helped her 'open her eyes' to realize that there is a 'flip side to the coin'. She no longer has to struggle to pay salaries. Now she can have time for herself and family. The assets from the business can be sold and pay off debts and sustain her for a while. All in all, amazing.

First of all , i want to say that i bought this book in a promotion . second , I really really like this book

because This book has given me ample information about Neuro-Linguistic Programming. It amazes me that the best practices in psychological therapy are combined to produce a safe and effective technique. Higher confidence can really be achieved with this. My most favorite part is where the author talks about the conversational hypnosis , I want to add that I really like the book its amazing can help you to use some things daily . I will recommend this book .

I have heard of NLP but I frankly don't know much about it up till now that is. This book by John Baskin has helped shed a lot more light on the subject. It's an all-out method of reprogramming your mind and consequently improves your life generally. From the early beginnings of NLP through its development and expansion, its various uses and applications to real life results; this book takes on a journey of true success and achievement in all area of your life. They say "the taste of the pudding is in the eating" • there is no way of knowing if this will work for you but to read this book and apply it directly to your life and situation. The techniques can also be applied in your professional life as well. Then watch the remarkable transformation it brings to your well-being

There are very good and useful techniques in this book to increase your confidence which leads to achieve successes. Neuro-linguistic programming is a powerful tool which helps to improve all the aspects of life especially confidence. This book contains 8 powerful NLP techniques and each technique is paired with a practical application in real life situation. You can use NLP for a variety of applications when you interact or communicate with other persons. The information held in this book is really very useful and helpful to increase confidence.

You cannot grasp the whole thought of this book unless you finish reading it. The book is depth if you've never heard this before but the details provided by the book are clear to give you a better understanding of NLP and its role. I took up psychology but I forgot if this was discussed during my college days. Good thing that from time to time I get refreshed through reading psychology related books like this. Another book that will help you boosts your self confidence and be successful. I also love the bonus section about Zen.

As an NLP Practitioner. All the content on this book is pretty much about the concepts and various models of NLP. The content cover are mostly correct and are highly theoretical, although the it suggest ways you could use to implement the various techniques, it does not show how to, or step to achieve them, an example will be state management. However, the book is decent for new

learner who want to have information on what NLP is about.

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